

**SOAR for Youth**  
**Foster Youth Pre-Collegiate Academy at Cal**  
**2017 Time To SOAR Academy (for Third Year Students) Schedule**

	<b>Sunday June 11</b>	<b>Monday June 12</b>	<b>Tuesday June 13</b>	<b>Wednesday June 14</b>	<b>Thursday June 15</b>	<b>Friday June 16</b>	<b>Saturday June 17</b>
<b>08:00 - 08:45</b>		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>08:45 - 09:00</b>		Walk to Class	Walk to Class	Travel to DVC	Walk to Class	Walk to Class	Pack
<b>09:00 - 10:15</b>		Juls Bradley * Conflict Resolution	Juls Bradley * Conflict Resolution	Tour DVC (9:30 - 10:30)	Sheila Thorne Effective Presentation	Sheila Thorne Effective Presentation	Social
<b>10:30 - 11:45</b>		Juls Bradley * Conflict Resolution	Juls Bradley * Conflict Resolution	Travel to St. Mary (10:30-11:30)	Sheila Thorne Effective Presentation	Sheila Thorne Effective Presentation	Completion Celebration (11:00 - 12:00)
<b>11:45 - 12:30</b>		Lunch	Lunch	Tour St. Mary	Lunch	Lunch	Check Out
<b>12:30 - 01:15</b>		Travel to Outdoor Camp	Travel to Outdoor Camp	Lunch (12:30-1:00)	Travel to Outdoor Camp	Travel to Outdoor Camp	
<b>01:15 - 04:15</b>	Check In, Move to Dorm. Social (2:30 -3:30)	CAL Outdoor Adventures Sea Kayaking (UCAC)	CAL Outdoor Adventures Sailing (1/2 group at a time) (UCAC)	Travel to/Tour CSEB & Return to UCB (1:00 - 3:30) Resume Creation (3:30 - 5:30)	CAL Outdoor Adventures Ropes Course (SCRA)	CAL Outdoor Adventures Sailing (1/2 group at a time) (UCAC)	
<b>04:15 - 04:30</b>	Academy Orientation (3:30 - 4:30)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Resume Creation (3:30 - 5:30)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
<b>04:50 - 05:40</b>	Kim Cohn "Arriving Voice & Body"	Planned Parenthood "Making responsible choices of your body"	Advokids "What I need to know about Foster Care"	Return to Camp, Get Ready for Class and Dinner (5:30 - 5:50)	Angely Miranda Beyond Emancipation	Classroom Games and Social	
<b>05:40 - 06:30</b>	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
<b>06:30 - 06:40</b>	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
<b>06:40 - 07:30</b>	Vicki Brown Communication using True Colors	Joanne Martens "Your Best Year Yet"	Jeff Umscheid Job Search and Application Process	Robert Half International Interview Practice	Joe Lewis Tips and Strategies for Career Success	Mark Weyland Virtue, Leadership, and Youth Sharing	
<b>07:40 - 08:30</b>	Vicki Brown Communication using True Colors	Joanne Martens "Positive Intention	Jeff Umscheid Dress for Success Interview Prep.	Robert Half International Interview Practice	Roni Alperin "Here and Now" How traumatic events trick the brain and what we can do about it	Mark Weyland Virtue, Leadership, Youth Sharing	
<b>08:40-10:00</b>	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief & Social	
<b>10:00 - 10:30</b>	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
<b>10:30</b>	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	

\* Restorative Justice Circle and Practice with emphasis on Conflict Resolution.