SOAR for Youth
Foster Youth Pre-Collegiate Academy at Cal
2018 Time To SOAR Academy (for Third Year Students) Schedule

	Sunday June 24	Monday June 25	Tuesday June 26	Wednesday June 27	Thursday June 28	Friday June 29	Saturday June 30
08:00 – 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 – 09:00		Walk to Class	Walk to Class	Travel to DVC	Walk to Class	Walk to Class	Pack
09:00 – 10:15		Yuki Burton Conflict Resolution	Yuki Burton Conflict Resolution	Tour DVC (9:30 – 10:30)	Sheila Thorne Effective Presentation	Sheila Thorne Effective Presentation	Social
10:30 – 11:45		Yuki Burton Conflict Resolution	Yuki Burton Conflict Resolution	Travel to St. Mary (10:30–11:30)	Sheila Thorne Effective Presentation	Sheila Thorne Effective Presentation	Completion Celebration (11:00 – 12:00)
11:45 – 12:30		Lunch	Lunch	Tour St. Mary	Lunch	Lunch	Check Out
12:30 – 01:15		Travel to Outdoor Camp	Travel to Outdoor Camp	Lunch (12:30-1:00)	Travel to Outdoor Camp	Travel to Outdoor Camp	
01:15 – 04:15	Check In, Move to Dorm. Social **(2:30 -3:30)**	CAL Outdoor Adventures Sea Kayaking (UCAC)	Recreation Sports Club Squash (Recreation Sports Facility)	Travel to/Tour CSEB & Return to UCB (1:00 – 3:30) Resume Creation (3:30 – 5:30)	CAL Outdoor Adventures Ropes Course (SCRA)	CAL Outdoor Adventures Sailing (1/2 group at a time) (UCAC)	
04:15 – 04:30	Academy Orientation (3:30 – 4:30)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Resume Creation (3:30 – 5:30)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
04:50 – 05:40	Kim Cohn "Arriving Voice & Body"	Planned Parenthood "Making responsible choices of your body" I (5:00-5:40)	Advokids "What I need to know about Foster Care"	Return to Camp, Get Ready for Class and Dinner (5:30 - 5:50)	Angely Miranda Beyond Emancipation	Planned Parenthood "Making responsible choices of your body" II (5:00-5:40)	
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
06:30 – 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 – 07:30	Vicki Brown Communication using True Colors	"Your Best Year Yet" "Positive Intention	Jeff Umscheid Job Search and Application Process	Robert Half International Interview Practice	Joe Lewis Tips and Strategies for Career Success	Mark Weyland Virtue, Leadership, and Youth Sharing	
07:40 – 08:30	Vicki Brown Communication using True Colors	Roni Alperin "Here and Now" How traumatic events trick the brain and what we can do about it	Jeff Umscheid Dress for Success Interview Prep.	Robert Half International Interview Practice	Human Trafficking	Mark Weyland Virtue, Leadership, Youth Sharing	
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief & Social	
10:00 – 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	