SOAR for Youth
Foster Youth Pre-Collegiate Academy at Cal
2019 Prepare To SOAR Academy (for First Year Students) Tentative Schedule

	Sunday July 28	Monday July 29	Tuesday July 30	Wednesday July 31	Thursday August 1	Friday August 2	Saturday August 3
08:00 – 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 – 09:00		Walk to Class	Walk to Class	Walk to Class	Walk to Class	Walk to Class	Pack
09:00 – 10:30		Aaliyah Karunaratne Math Workshop	Aaliyah Karunaratne Math Workshop	Aaliyah Karunaratne Math Workshop	Aaliyah Karunaratne Math Workshop	Kathryn Pritchett Writing Workshop and 7 Habits (9:00 – 10:00)	Pack and Social
10:45 – 11:45		Kathryn Pritchett Writing Workshop and 7 Habits	Kathryn Pritchett Writing Workshop and 7 Habits	Kathryn Pritchett Writing Workshop and 7 Habits	Kathryn Pritchett Writing Workshop and 7 Habits	Adena Ishii UCB Campus Tour 10:30 - 11:30	Completion Celebration (11:00-11:30)
11:45 – 12:30		Lunch	Lunch	Lunch	Lunch	Lunch	Check Out by Noon
12:30 – 01:15		Travel to Cal Adventures	Travel to Cal Adventures	Travel to Chabot Arrive by 1:00 pm	Travel to Cal Adventures	Travel to Cal Adventures	
01:15 – 04:15	Check In, Move to Dorm & Social **(3:30 – 4:40)**	Outdoor Adventure Hiking and Team Building (SCRA)	Outdoor Adventure Sea Kayaking (UCAC)	Chabot Space and Science Center Visit	Outdoor Adventure Ropes Course (SCRA)	Outdoor Adventure Sailing (1/2 group at a time) (UCAC)	
04:15 – 04:30	Check In, Move To The Dorm & Social	Return from Cal Adventures	Return from Cal Adventures	Return from Chabot	Return from Cal Adventures	Return from Cal Adventures	
05:00 – 05:40	Academy Orientation	Classroom Games and Social	Classroom Games and Social	Beth Luke Learning to Balance	Classroom Games and Social	Classroom Games and Social	
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
06:30 – 06:40	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 – 07:30	Kim Cohn "Arriving Voice & Body"	Monique Jimenez College Orientation	Former Foster Youth Visit	Barbara Maricle Thrive Factor	Victor Littles Leadership Presence II	Madeline Cohen Study Skills	
07:40 – 08:30	Victor Littles Leadership Presence I	Lakeysha Spears Foster Youth Educational Planning Guide	Academy Youth Sharing	Barbara Maricle Thrive Factor "Collage"	Academy Youth Sharing	Academy Youth Talent Show	
8:40 – 10:00	Debrief, Safety Drill & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief & Social	
10:00 – 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	