

**SOAR for Youth**  
**Foster Youth Pre-Collegiate Academy at Cal**  
**2019 Time To SOAR Academy (for Third Year Students) Schedule**

	<b>Sunday June 23</b>	<b>Monday June 24</b>	<b>Tuesday June 25</b>	<b>Wednesday June 26</b>	<b>Thursday June 27</b>	<b>Friday June 28</b>	<b>Saturday June 29</b>
<b>08:00 - 08:45</b>		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>08:45 - 09:00</b>		Walk to Class	Walk to Class	Travel to DVC	Walk to Class	Walk to Class	Pack
<b>09:00 - 10:15</b>		Kusum Crimmel Restorative Justice Circle	Kusum Crimmel Restorative Justice Circle	Tour DVC (9:30 - 10:30)	Sheila Thorne Effective Presentation	Sheila Thorne Effective Presentation	SOAR Community Project II (10:00 - 11:00)
<b>10:30 - 11:45</b>		Kusum Crimmel Restorative Justice Circle	Kusum Crimmel Restorative Justice Circle	Travel to St. Mary (10:30-11:30)	Sheila Thorne Effective Presentation	Sheila Thorne Effective Presentation	Completion Celebration (11:00 - 12:00)
<b>11:45 - 12:30</b>		Lunch	Lunch	Tour St. Mary	Lunch	Lunch	Check Out
<b>12:30 - 01:15</b>		Travel	Travel	Lunch	Travel	Travel	
<b>01:15 - 04:15</b>	Check In, Move to Dorm. Social <b>(2:30 - 3:30)</b>	CAL Outdoor Adventures Sea Kayaking (UCAC)	CAL Outdoor Adventures Team Building (SCRA)	Travel to/Tour CSEB & Return to UCB (1:00 - 3:30)	CAL Outdoor Adventures Ropes Course (SCRA)	CAL Outdoor Adventures Sailing (UCAC)	
<b>04:15 - 04:30</b>	Academy Orientation (3:30 - 4:30)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	CA Foster Youth Ombudsperson Office "What I need to know about Foster Care"(4:00 - 4:50)	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
<b>04:50 - 05:40</b>	Kim Cohn "Arriving Voice & Body"	Social Get Ready for Class and Dinner	Beyond Emancipation	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	
<b>05:40 - 06:30</b>	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
<b>06:30 - 06:40</b>	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
<b>06:40 - 07:30</b>	Natalie Brain Assessing and Building Your Strength	Madeline Cohen Resume Creation	Brent Johnson Christine Kalvass Steen Whidden Job Search and Application Process	Jeremy Calhoon Brent Johnson, Christine Kalvass Steen Whidden RHI Interview Practice	Claudia Perkins Tips and Strategies for Career Success	Mark Weyland Virtue and Leadership	
<b>07:40 - 08:30</b>	Natalie Brain Assessing and Building Your Strength	Caitlin Gallardo Planned Parenthood "Making responsible choices of your body" I	Brent Johnson Christine Kalvass Steen Whidden Dress for Success Interview Prep.	Jeremy Calhoon Brent Johnson, Christine Kalvass Steen Whidden RHI Interview Practice	Youth Sharing	Andrea P. Diaz A. MISSEY Human Trafficking	
<b>08:40-10:00</b>	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief	
<b>10:00 - 10:30</b>	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	SOAR Community Project I (9:30 - 11:00)	
<b>10:30</b>	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	