

**SOAR for Youth**  
**Foster Youth Pre-Collegiate Academy at Cal**  
**2021 Time To SOAR Academy (for Third Year Students) Tentative Schedule**

	<b>Sunday July 18</b>	<b>Monday July 19</b>	<b>Tuesday July 20</b>	<b>Wednesday July 21</b>	<b>Thursday July 22</b>	<b>Friday July 23</b>	<b>Saturday July 24</b>
<b>08:00 - 08:45</b>		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>08:45 - 09:00</b>		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Pack
<b>09:00 - 10:15</b>		Renato P Almanzor What's Difficult	Renato P Almanzor What's Possible	Travel (8:45 - 9:30) and Tour CSEB (9:30 - 11:00am)	Claudia Perkins Effective Presentation	Claudia Perkins Effective Presentation	Pack and Social
<b>10:30 - 11:45</b>		Renato P Almanzor What's Difficult	Renato P Almanzor What's Possible	Travel to DVC (11:00am - Noon)	Claudia Perkins Effective Presentation	Claudia Perkins Effective Presentation	Completion Celebration (11:00 - 12:00)
<b>11:45 - 12:30</b>		Lunch	Lunch	Lunch	Lunch	Lunch	Check Out
<b>12:30 - 01:15</b>		Travel	Travel	Tour DVC (1:00 - 2:00pm)	Travel	Travel	
<b>01:15 - 04:15</b>	Check In, Move to Dorm. Social <b>(3:00 - 4:15)</b>	Cal Adventures Sea Kayaking	Cal Adventures Team Building	Return to Academy Location St. Mary's Presentation (4:00 - 5:00)	Cal Adventures Ropes Course	Cal Adventures Sailing	
<b>04:15 - 04:50</b>	Academy Orientation	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	
<b>04:50 - 05:40</b>	Kim Cohn "Arriving Voice & Body"	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Dinner	CA Foster Youth Ombudsperson Office "What I need to know about Foster Care" 📺	Social Get Ready for Class and Dinner	
<b>05:40 - 06:30</b>	Dinner	Dinner	Dinner	Get ready for interview	Dinner	Dinner	
<b>06:30 - 06:40</b>	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
<b>06:40 - 07:30</b>	Renato P Almanzor What Matters	Sukari Breshears Resume Creation	Jeff Umscheid Joanie Umscheid Job Search and Application Process	Jeff Umscheid Joanie Umscheid Kelly Glynn Interview Practice	Joe Lewis Tips and Strategies for Career Success 📺	Jenn Awa "Making responsible choices for our body"	
<b>07:40 - 08:30</b>	Renato P Almanzor What Matters	Sukari Breshears Resume Creation	Jeff Umscheid Joanie Umscheid Dress for Success Interview Prep.	Jeff Umscheid Joanie Umscheid Kelly Glynn Interview Practice	Academy Youth Sharing	Oliva Joseph Human Trafficking	
<b>08:40-10:00</b>	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation Debrief	
<b>10:00 - 10:30</b>	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
<b>10:30</b>	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	