

Foster Youth Pre-Collegiate Academy at Cal
2024 SOAR To Your Future Academy: Week One (SOAR To College) Tentative Schedule
For our Fourth Year Students

	Sunday July 21	Monday July 22	Tuesday July 23	Wednesday July 24	Thursday July 25	Friday July 26	Saturday July 27
08:00 - 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Travel
09:00 - 10:15		Kelsey Sanchez Beyond Emancipation ILP Services	Monique Adorno-Jimenez Financial Aid and Scholarships	Travel (8:30- 10:30am) To Cal State Sacramento	Conflict Resolution Or Intro to Public Speaking TBD	Cathy Jackson-Gent Budgeting, Banking, Investing, and Credit Ratings	Rising Sun Construction
10:30 - 11:45		CA Foster Youth Ombudsperson Office AB12 AB175	Monique Adorno-Jimenez FAB Life	Tour SAC State Campus Claudia Xique	Conflict Resolution Or Intro to Public Speaking TBD	Julian Ramirez Taxes: What, Why, and How To Do Them	Rising Sun Construction
11:45 - 12:30		lunch	Lunch	Lunch with Guardian Scholars	Lunch	Lunch	Lunch
12:30 - 01:15		Travel	Travel	Lunch with Guardian Scholars	Travel	Travel	Travel
01:15 - 04:15	Check In, Move to Dorm. Social (3:00 - 4:15)	SF State University (2:00-3:00) SF City College (3:30-4:15)	Cal Adventures Paddle Adventure	Meet SAC State Foster Youth Support Org (1:00-2:00pm)	Cal Adventures Ropes Course	Hiking	Call of The Sea on Board of the Seaward
04:15 - 04:50	Academy Orientation	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Travel, On-route Activities and Return to Camp	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner
04:50 - 05:40	Sushi Frausto "Arriving Voice & Body"	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	SOAR To Vocation Check In and SOAR To College Academy Evaluation	Social Get Ready for Class and Dinner
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
06:30 - 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize
06:40 - 07:30	Monique Adorno-Jimenez College Options and Post High School Choices	Victor Littles Wellness	Lily Colby Personal Statement 101 and College App Questions	Laurie Shakur SMART	18 Reasons Emma Hodson Cooking Matters	SOAR To Vocation Academy Orientation	Swins Jean Charles Universall Baber, Mental Health, and Yoga,
07:40 - 08:30	Uche Obim College App 101	Victor Littles Wellness	Lily Colby Personal Statement 101 and College App Questions	Laurie Shakur SMART	18 Reasons Emma Hodson Cooking Matters	Sushi Frausto "Arriving Voice and Body"	Practice Space AnnMarie Baines Speech & Debate Camp Coaching
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	SOAR To College Celebration	Debrief & Social
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out