

Foster Youth Pre-Collegiate Academy at Cal
2025 SOAR To Your Future Academy: Week One (SOAR To College) Tentative Schedule
For our Fourth Year Students

	Sunday July 20	Monday July 21	Tuesday July 22	Wednesday July 23	Thursday July 24	Friday July 25	Saturday July 26
08:00 - 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Travel
09:00 - 10:15		Beyond Emancipation ILP Services	Monique Adorno-Jimenez Financial Aid and Scholarships	Travel (8:30- 10:30am) To Cal State Sacramento	Michael Essien Conflict Resolution	Cathy Jackson-Gent Budgeting, Banking, Investing, and Credit Ratings	Paulina Fuller Community Art Project (9:00-10:30)
10:30 - 11:45		CA Foster Youth Ombudsperson Office AB12 AB175	Monique Adorno-Jimenez FAB Life	Meet Cal State Sac Officials and Foster Youth Support Org.	Michael Essien Conflict Resolution	Julian Ramirez Taxes: What, Why, and How To Do Them	Completion Celebration (10:30 - 11:45)
11:45 - 12:45		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:45 - 01:15	Check In (3:00 - 3:45)	Travel	Travel	Tour the Campus (1:15 -2:30)	Travel	Travel	Travel
01:15 - 04:15	Move to Dorm. Social (3:45 - 4:15)	Tour SF State or SF CC or Visit Judge Chan	Cal Adventures Paddle Adventure	Team Building Activities and Travel	Cal Adventures Ropes Course	Shaylah Ellis Hiking	Rising Sun (1:00 - 4:00)
04:15 - 04:50	Academy Orientation	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	Return to Camp, Get Ready for Class and Dinner	SOAR to Vocation Check In (4:30 - 5:15)
04:50 - 05:40	"Arriving Voice & Body"	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	Social Get Ready for Class and Dinner	SOAR To Vocation Move In + Social (5:15 - 5:40)
05:40 - 06:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
06:30 - 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	Safety Drill
06:40 - 07:30	Monique Adorno- Jimenez College Options and Post High School Choices	Victor Littles Wellness	Lily Colby Personal Statement 101 and College App Questions	Colette Flood SMART	18 Reasons Emma Hodson Cooking Matters	Paulina Fuller Community Art Project	SOAR To Vocation Academy Orientation
07:40 - 08:30	Uche Obim College App 101	Victor Littles Wellness	Lily Colby Personal Statement 101 and College App Questions	Colette Flood SMART	18 Reasons Emma Hodson Cooking Matters	Paulina Fuller Community Art Project	"Arriving Voice and Body"
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation & Thrive with Lessons Learned	Debrief & Social
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

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