SOAR for Youth

Foster Youth Pre-Collegiate Academy at Cal 2025 Time To SOAR Academy (for Third Year Students)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	June 8	June 9	June 10	June 11	June 12	June 13	June 14
08:00 - 08:45	V 4.	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45 - 09:00		Walk to Class	Walk to Class	Travel	Walk to Class	Walk to Class	Pack
09:00 - 10:15		Renato P Almanzor	Renato P Almanzor	Travel (8:45 - 9:30) and	Claudia Perkins &	Claudia Perkins &	Community
		What's Difficult	What's Possible	Tour CSUEB	Mahal Caraher	Mahal Caraher	Art Project &
				(9:30 - 11:00am)	Effective Presentation	Effective Presentation	Social Time (9:30-11:00)
10:30 - 11:45		Renato P Almanzor	Renato P Almanzor	Travel to St Mary's	Claudia Perkins &	Claudia Perkins &	Completion
		What's Difficult	What's Possible	(11:00am - Noon)	Mahal Caraher	Mahal Caraher	Celebration
					Effective Presentation	Effective Presentation	(11:00 - 12:00)
11:45 - 12:45		Lunch	Lunch	Lunch (Noon – 1:00pm)	Lunch	Lunch	Check Out
12:45 - 01:15	Check In (3:00 - 3:45)	Travel	Travel	Tour St. Mary's (1:00- 2:00pm)	Travel	Travel	
01:15 - 04:15	Move to Dorm.	Pegasus Voyages	Cal Adventures	Travel to DVC	Cal Adventures	Cal Adventures	
	Social	Sailing	Ropes Course	(2:00 - 2:30pm)	Paddle Adventures	Climbing Wall	
	(3:45 - 4:15)		(1:15-3:30)	Tour DV <i>C</i> (2:30 - 3:30pm)		(1:15-3:30)	
04:15 - 04:50	Academy	Return to Camp,	Return to Camp,	Return to Camp. Get	Return to Camp, Get	Return to Camp, Get	
	Orientation	Get Ready for Class	Get Ready for	Ready for Social and	Ready for Class and	Ready for Class and	
		and Dinner	Class and Dinner	Dinner	Dinner	Dinner	
04:50 - 05:40		Social	Andrea Diaz	Social	Social	CA Foster Youth	
	"Arriving Voice &	Get Ready for	MISSSEY	Get Ready for Class	Get Ready for Class	Ombudsperson Office	
	Body"	Class and Dinner	Human Trafficking	and Dinner	and Dinner	"What I need to know	
						about Foster Care"	
05:40 - 06:30	Dinner	Dinner	Dinner	Get ready for interview	Dinner	Dinner	
06:30 - 06:40	Safety Drill	Reenergize	Reenergize	Reenergize	Reenergize	Reenergize	
06:40 - 07:30	Renato P Almanzor		Brent Johnson	Brent Johnson	Joe Lewis	Jenn Awa	
	What Matters	Resume Creation	Job Search and	Colette Flood	Tips and Strategies	"Making responsible	
			Application Process	Interview Practice	for Career Success	choices for our body"	
07:40 - 08:30	Renato P Almanzor		Brent Johnson	Brent Johnson	Stacy Daniels	Jenn Awa	
	What Matters	Resume Creation	Dress for Success	Colette Flood	Academy Youth	"Making responsible	
			Interview Prep.	Interview Practice	Sharing	choices for our body"	
08:40-10:00	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Debrief & Social	Academy Evaluation	
						Debrief	
10:00 - 10:30	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	
10:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	